

Peak Development Programme



PEAK

EDUCATION THROUGH ADVENTURE

Engage
Pioneer
Inspire
Champion



DEVELOPMENT PROGRAMME

Our development programme is a structured outdoor learning programme designed to re-engage young people, develop positive behaviour, and build the life skills they need to succeed in school and beyond.

It is built for pupils who struggle in traditional settings and designed for schools, local authorities, and commissioners who need impact.

Why EPIC exists:

Many young people face barriers to engagement, emotional regulation, confidence, and behaviour that cannot be addressed through classroom-based interventions alone.

EPIC is not a reward programme.

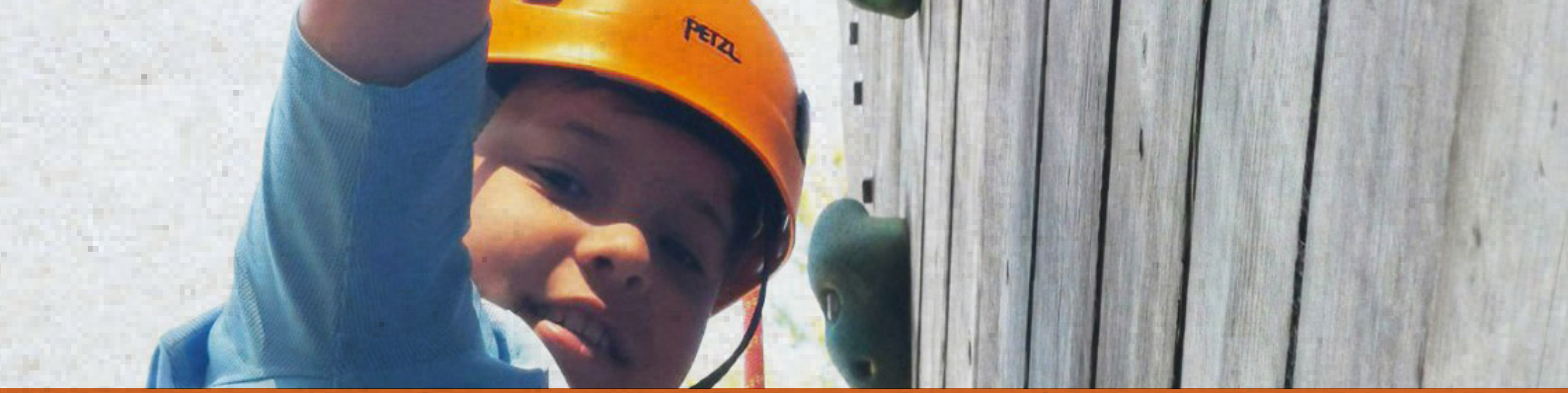
It is a structured developmental intervention and Alternative Provision.

By combining outdoor learning, clear expectations, progressive challenge, and reflective practice, EPIC helps young people reconnect with learning, rebuild self-belief, and develop the skills needed for long-term success.



**The skills young people will
develop here will not only help
them outdoors but in everyday
life as well.**





The EPIC Framework

The EPIC Framework is a structured developmental pathway that helps young people grow through engagement, challenge, and leadership.

Through its four stages; Engage, Pioneer, Inspire, and Champion pupils develop 8 essential skills: listening, speaking, problem-solving, creativity, adapting, planning, leadership, and teamwork. These skills are nurtured through outdoor learning, progressive challenges, and reflective practice, helping young people who struggle in traditional settings to reconnect with learning, build confidence, manage emotions, and take responsibility for their growth.

EPIC equips young people not only for school but for life, giving them the tools to thrive independently, collaborate effectively, and approach challenges with resilience and creativity.

Engage - Strong Start

- Re-engage pupils who are anxious, disengaged, or lacking confidence.
- Establish safety, routine, and trust.
- Develop participation, listening, and teamwork.

Pioneer - Step Forward

- Try new challenges in a supported environment.
- Develop resilience, problem-solving, and responsibility.

Inspire - Lead The Way

- Take on leadership and responsibility.
- Support and guide others.

Champion - Own It

- Model positive behaviour.
- Mentor peers and lead activities.



Delivery, Outcomes & Accreditation

Delivery Model:

EPIC is delivered through a flexible blended model:

- On-site at one of our outdoor centre's.
- Off-site in locations in an around your local area
- Blended pathways based on individual/group needs

Programme Outcomes:

Schools report improvements in:

- Engagement and participation
- Emotional regulation
- Confidence and self-belief
- Behaviour and attitudes to learning

Accreditation:

Where appropriate:

- AQA unit awards
- National governing body awards
- Unit led GCSE-equivalent Level 1 and Level 2 Learning in the Outdoors



Why Choose Peak

Value for Money

Our development programmes are delivered from **£75 per pupil per day**. This is with a minimum group of 4-6 students.

This is below the national average cost for alternative provision, while delivering structured, outcomes-led provision rather than short-term engagement.

Schools are able to access a credible intervention that supports behaviour, attendance, and personal development without premium AP pricing.

Aligned to Inspection & National Priorities

Our programme directly addresses areas commonly raised through inspection and national review, including:

- Personal development and character
- Behaviour and attitudes
- Inclusion and engagement
- High-quality physical education and enrichment

The development programme design aligns with the Ofsted subject report on Physical Education and the findings of the recent National Curriculum Review. This supports school improvement planning and inspection readiness rather than creating additional risk.

Measurable Outcomes & Recognised Qualifications

EPIC delivers structured outcomes across:

- Metacognition and self-regulation
- Interpersonal and communication skills
- Leadership, teamwork, and problem-solving

Where appropriate, pupils can also achieve externally accredited outcomes, including National Governing Body performance awards and Level 1 and Level 2 qualifications (GCSE equivalent - unit led) in Learning in the Outdoors.

Aligned to Inspection & National Priorities

Our programme directly addresses areas commonly raised through inspection and national review, including:

- Personal development and character
- Behaviour and attitudes
- Inclusion and engagement
- High-quality physical education and enrichment

The development programme design aligns with the Ofsted subject report on Physical Education and the findings of the recent National Curriculum Review. This supports school improvement planning and inspection readiness rather than creating additional risk.

Clinically Informed Model

We are the only outdoor learning provider who are supported by an embedded clinical team.

Our delivery is informed by:

- Speech and Language Therapists
- Educational Psychologists
- Specialist advisers experienced in SEMH, trauma, and neurodiversity

This ensures provision is not only engaging, but therapeutically informed, inclusive, and appropriate for pupils with complex needs.

Safety, Governance & Assurance

Our programme meets the highest national standards for safety and assurance.

- Licensed by AALA under HSE requirements
- AHOEC Gold Standard Centres
- Robust safeguarding, risk management, and quality assurance systems

This provides confidence for governors, senior leaders, and commissioners that provision is safe, compliant, and professionally delivered.

Next Steps

EPIC can be delivered as a targeted intervention, term-long programme, or integrated pathway.

Contact Peak to discuss implementation

Milo attended six incredible sessions with Peak, and I haven't seen him this happy, confident, and independent in over five years. It was the perfect experience for him. Thank you so much! We hope to see you again very soon.

PEAK

EDUCATION THROUGH ADVENTURE

Third Floor, Maybrook House, Queensway, Halesowen, B63 4AH

01782 722226 • www.peak.co.uk • [@peak.eta](https://www.instagram.com/peak.eta)